

The two routes above represent the best ways through Norwich to the three pilgrimage sites. The red route is the most direct route. The orange route loops outward for a more scenic walk, on the upper left through Chaplefield park, and on the lower right though one of the city's most beautiful walks along the river Wensum. Please note that the walks along the river close at dusk.

## NORWICH PILGRIMAGE A WALKING MEDITATION OF PRAYER AND INSPIRATION





## THE CATHEDRAL OF SAINT JOHN THE BAPTIST

Everyone is welcome to the Cathedral of St John the Baptist. The Cathedral Church is free to enter and is open daily from 7.30am to 7.30pm. The Cathedral also incorporates the Duckett Library and Narthex, a new visitor centre with level-access and a wealth of amenities including a café, shop and garden. For more information call 01603 724381 or look on-line at www.sjbcathedral.org.uk.

Christians have always seen themselves as a people on a journey - from the cradle to eternity! The idea of pilgrimage is an extension of this concept. To embark on a pilgrimage to a 'holy place' is to leave one's comfort zone and set out on a journey into the unfamiliar. What happens on that journey and the people that are encountered are all part of the experience.

In our city we have organized a 'mini-pilgrimage' which links three of the important religious sites: Norwich Cathedral, the Julian Shrine and the Cathedral of St John the Baptist. We all offer you a very warm welcome.



## Julian of Norwich Centre and Shrine

The Julian Shrine, located in St. Julian's Church off Rouen Road, is built over the place where the internationally renowned spiritual writer, Julian of Norwich, lived and composed her theological classic, *The Revelations of Divine Love*. Julian is known for her firm belief in God's unconditional love and her optimisim about human nature.

Open every day of the year, it is a place of quietness, prayer, and consolation in the midst of busy city life. All are welcome. Regular services are held there and intercession requests are offered at the Friday Eucharist. For times of services in the Shrine, please see www.julianofnorwich.org.

The Julian Centre, adjacent to the the Shrine, offers an extensive lending library, with one of the best collections of Julian materials in the country, as well as a bookstore. Opening hours: 10:30-3:30 Monday-Saturday. See www.thejuliancentre. org or call 01603 767380.



## Norwich Cathedral

Norwich Cathedral, which has stood for over 900 years as a Christian witness in the heart of Norfolk, welcomes all. Just as when it was founded and built by Benedictine monks, the heart of the work of this foundation is the daily worship of Almighty God. All are welcome to these services and to experience the beauty, history, and hospitality of this great Romanesque church every day of the year (www.cathedral.org.uk). The Hostry Visitor and Education Centre, the Refectory Restaurant and Coffee Shop, and the Gift Shop are all open daily.

Pilgrims and visitors are invited to visit the grave of Edith Cavell, native Norfolk woman, pioneering nurse, First World War heroine, and Christian martyr. The one hundredth anniversary of her death will be in 2015